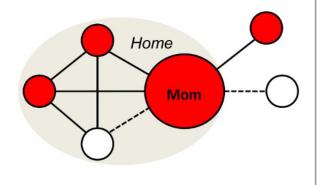
## evaluation

- Successful pilot study (N=50)
- RCT in Antelope Valley, CA
- 300 mothers/infants
  - 150 control (standard HVP)
  - 150 intervention (HVP+Habits)

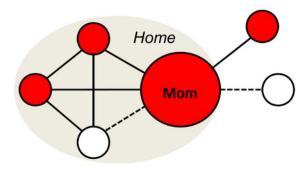
## **Aims**

- Promote healthy habits and weight for mothers & infants
- Promote change in mothers' social networks

## Pre-Intervention



## Post-Intervention



Intervention

Control

